



## Lucas Vegetarian Sausage Mix

- This is a very versatile product – it can be used for veg sausages, veg burgers, veg grill sticks, veg meatballs, veg sausage rolls.
- The mix is used at 40% mix to 60% cold water.

Why not try these recipe ideas:

For every 1Kg of Vegetarian mix made up add: (scale up accordingly)

- Smoked Cheese (grated) 80g and 30g finely chopped mushrooms
- Curry - 10g medium curry powder and 5g finely chopped fresh coriander
- Mexican – 50g finely chopped mixed peppers, 60g chopped Kidney beans, 30g Chilli paste (add more or less depending on the chilli strength you desire).

